

**Liepājas Sporta spēļu skola**  
**Vieglatlētikas nodaļas nodarbību saraksts 2025./2026.māc.g.**  
**No 2025.gada 1.septembra līdz 2026.gada 29.maijam**

Nr	Treneris	Grupa	Pirmdiena	Otrdiena	Trešdiena	Ceturtdiena	Piektdiena	Sestdiena
1.	V.Goļinskis G.Kristvalde J.Budņikovs	ASM 2005/07 23	17:30- 20:00 Stadions/manēža	17:30- 20:00 Stadions/manēža	17:30- 20:00 Stadions/manēža	17:30- 20:00 Stadions/manēža	17:30- 19:50 Stadions/manēža	
2.	G.Kristvalde	SMP-3 2006/08 21	17:15-19:15 Stadions/manēža	17:15-19:15 Stadions/manēža	17:15-19:15 Stadions/manēža	17:15-19:15 Stadions/manēža	17:15-19:15 Stadions/manēža	
3.	J.Zilvers	SMP-3 2006/08 21	17:30-19:30 Stadions/manēža	17:30-19:30 Stadions/manēža	17:30-19:30 Stadions/manēža	17:30-19:30 Stadions/manēža	17:30-19:30 Stadions/manēža	
4.	D.Stumbre M.M.Zabe	SMP-2 2007/09 20	18:00-20:00 Stadions/manēža	18:00-20:00 Stadions/manēža	18:00-20:00 Stadions/manēža	18:00-20:00 Stadions/manēža	18:00-20:00 Stadions/manēža	
5.	I. Šēra	MT-7 2009/11 19	18:00-19:50 Stadions/manēža	18:00-19:50 Stadions/manēža	18:00-19:50 Stadions/manēža	18:00-19:50 Stadions/manēža	17:15-19:05 Stadions/manēža	
6.	A.Zīverte	MT-6 2010/12 17	16:15-18:00 Stadions/manēža	16:15-18:00 Stadions/manēža	16:15-18:00 Stadions/manēža	16:15-18:00 Stadions/manēža	16:15-18:00 Stadions/manēža	
7.	D.Stumbre A.Zīverte	MT-5 2011/13 15	16:15-18:00 Stadions/manēža	16:15-18:00 Stadions/manēža	16:15-18:00 Stadions/manēža	16:15-18:00 Stadions/manēža	16:15-18:00 Stadions/manēža	
8.	V.Goļinskis J.Budņikovs	MT-5 2011/13 15	16:40- 18:20 Stadions/manēža	16:40- 18:20 Stadions/manēža	17:00- 18:00 Stadions/6.vsk	16:40- 18:20 Stadions/manēža	16:40- 18:20 Stadions/manēža	
9.	I. Šēra E.Auniņa	MT-5 2011/13 15	16:30-18:00 Stadions/manēža	16:30-18:00 Stadions/manēža	16:30-18:00 Stadions/manēža	16:30-18:00 Stadions/manēža	16:00-17:15 Stadions/manēža	
10.	I. Šēra A.Dubova	MT-4 2012/14 13	15:15-16:30 Stadions/manēža	15:15-16:30 Stadions/manēža	15:15-16:30 Stadions/manēža	15:15-16:30 Stadions/manēža	15:00-16:00 Stadions/manēža	
11.	A.Dubova	MT-3 2013-15 11	17:10-18:30 Stadions/manēža	17:10-18:30 Stadions/manēža	17:10-18:30 Stadions/manēža	17:10-18:30 Stadions/manēža	16:00-17:00 Stadions/manēža	

12.	A.Zīverte	MT-3 2013/15 11	15:00-16:15 Stadions/manēža	15:00-16:15 Stadions/manēža	15:00-16:15 Stadions/manēža	15:00-16:15 Stadions/manēža	15:00-16:15 Stadions/manēža	
13.	A.Dubova	MT-2 2014/16 9	16:00-17:10 Stadions/manēža	16:00-17:10 Stadions/manēža	16:00-17:10 Stadions/manēža	16:00-17:10 Stadions/manēža	15:00-16:00 Stadions/manēža	
14.	V.Goljinskis	MT-2 2014/16 9		15:15-16:35 Stadions/manēža	16:00-17:00 Stadions/6.vsk	15:15-16:35 Stadions/manēža	15:15-16:35 Stadions/manēža	
15.	A.Dubova	MT-1 2015/17 8	15:00-16:00 Stadions/manēža	15:00-16:00 Stadions/manēža	15:00-16:00 Stadions/manēža	15:00-16:00 Stadions/manēža		
16.	K.Jansone	MT-1 2015/17 8	15:30-16:50 Stadions/manēža	15:30-16:50 Stadions/manēža		15:30-16:50 Stadions/manēža	15:30-16:50 Stadions/manēža	
17.	J.Budņikovs	SSG 2018 6	17:00-18:00 Stadions/manēža	18:00-19:00 Stadions/manēža		17:00-18:00 Stadions/6.vsk		
18.	K.Jansone	SSG 2018 6	16:50-17:50 Stadions/manēža	16:50-17:50 Stadions/manēža		16:50-17:50 Stadions/manēža		
19.	M.M.Zabe	Int.izgl. 2020 9	17.30-18.30 Stadions/ Draudzīgā aic.vsk	18:00-19:00 Stadions/ Draudzīgā aic.vsk		18:00-19:00 Stadions/ Draudzīgā aic.vsk		
20.	J.Budņikovs	Int.izgl. 2019/20 9	18:00-19:00 Stadions/manēža	17:00-18:00 Stadions/ Draudzīgā aic.vsk		18:00-19:00 Stadions/Raiņa vsk		
21.	K.Jansone	Int.izgl. 2019/20 9	18:00-18:45 Stadions/manēža	18:00-18:45 Stadions/manēža		18:00-18:45 Stadions/manēža		